

Transmen & Intimate Partner Violence

A 2024 study by Clossen et al. reported that transmen experience violence in their intimate relationships at a rate 6.7% higher than women in general. These incidents often go unreported and transmen have few options for resources and supports. Because of harmful sex stereotypes, it is oftentimes assumed that perpetrators of IPV are men and the victims are women. When transmen are abused, they may face disbelief or suspicion when they try to tell anyone about the violence, especially if their partners are women. It can be difficult to leave these relationships due to trauma bonding, and if financial and housing needs aren't readily available. Despite these challenges:

You are not to blame.
You deserve safety & love.
You can get out.

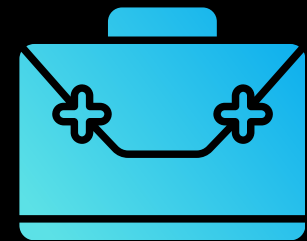
Sex-Based
Oppression
Happens
Regardless of
Gender Identity

**Feminism is
for Transmen**



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Intimate Partner Violence (IPV) Safety Plan



TOOL KIT
KEEPING TRANSMEN SAFE



My Safety Plan



Getting ready to leave

Collect copies of important documents and keep them in a safe place.

- Birth Certificate
- Social Insurance Card
- Marriage Certificate
- Driver's Licence
- Children's Documents
- Work Permits
- Medical Records
- A photo of your partner
- Photos of your kids

Contact local shelters or family/friends to secure a place to stay. Do the women's shelters or safe houses allow transmen?

Look up your local crisis hotline and write the number(s) down here:

Pack a bag and keep it in a safe place (e.g. at a friend's home) including:

- Clothing
- Medications
- Self care items (toothbrush, soap, etc)
- Phone charger
- Valuable items (jewelry, photos, favorite books etc)
- Bank Cards
- Cash
- Your kids favourite toys
- A list of other items you'd like to collect later if possible

Review your plan often & rehearse it. Will you leave when your partner is at work? Will you take a cab or call a friend to pick you up? Have important phone numbers ready.

